



Rob is specialized in addiction, recreation, & experiential therapies, organizational leadership, youth development, family systems & parenting, leisure education, & other related behavioral health practices. He focuses on integrating play & adventure into his services, with proficiencies in several adventure-based activities including rock climbing, kayaking, caving, & other related team-building elements & backcountry pursuits. Rob is fully committed to 'helping people rediscover authenticity & connection, & therefore meaning, through **A**dventure-, **R**ecreation- & **E**xperiential-based therapies & excursions.'

www.AREtherapy.com

Rob Henderson CEO & Experiential Therapist

Education & Certifications

- △ Licensed Addiction Therapist (NV & UT)
- △ Certified Therapeutic Recreation Specialist (NCTRS)
- △ Specialized in chemical dependency & behavioral addictions treatment
- △ M.S. in Youth & Family Recreation
- △ B.S. in Psychology, with areas of concentration in Substance Abuse Prevention & Outdoor Pursuits
- △ Wilderness First Responder

Administration & Clinical Experience

- △ 14+ years of practice in SUD/recreation therapy
- △ Executive Director for RITE (Renew Interactive Trainings & Education) 501(c)(3). www.RITETrainings.org
- △ Vice President: a state-wide multi-facility nonprofit agency working with homelessness, addiction, & mental illness
- △ Program Directorships: a 51-bed Crisis Stabilization/Detox center & an Outpatient Facility
- △ Adjunct Teaching (U of Oregon, BYU, Texas A&M): Program Mgmt, Marketing, Rec. Therapy, Parent/Child Relationships, Rock Climbing, Outdoor Leadership, Wilderness Survival, & Technical Rescue