

Megan Madu-Jules Experiential Therapist



Megan is an enthusiastic CTRS with 9 years of experience in a wide range of therapeutic & medical contexts. Megan is seasoned in kinesiology, athletic training, recreation programming, & experiential facilitation. Megan is resourcefulness, goal & outcomes focused, & specializes in tailoring interventions & expressive programming to meet the adaptive, diversity, inclusive & other health & wellness-related needs of those whom she serves. ARE is privileged to have Megan's expertise & skillset bolstering its mission of 'empowering individuals seeking recovery, wellness & healing through Adventure-, Recreation- & Experiential-based therapies.'

www.AREtherapy.com

Education & Certifications

- △ Certified Therapeutic Recreation Specialist (NCTRS)
- △ M.S. in Recreation & Tourism with an emphasis in Recreation Therapy
- △ B.S. in Kinesiology with an emphasis in Athletic Training & a minor in Recreation
- △ CPR certified: American Red Cross

Professional Experience

- △ 9+ years of recreation therapy practice
- △ Supervisory experience
- △ Experience in acute psychiatric facilities in different states
- △ Experience with an array of diverse populations across a lifespan; e.g., children, adolescents, emerging adults, adults & aging adults, with a variety of health concerns & ability levels.
- △ Proficient with mental health populations, including those with substance use disorders.
- △ Specialized in challenge/ropes course elements, team-building, & community-based & backcountry outings.